



Summer Party and Competition

St Richard's Church Hall, Haywards Heath

Saturday June 29th

1 – 5.30pm (ish)

Name: _____ Club: _____

Entry - £12 (for as many categories as you want)

Spectators - £5 per person (includes BBQ)

(Please fill in the form even if you are just spectating and having the BBQ, so we have an idea of numbers).

Please fill in and return this form before June 15th.

My entry fee: £ 12 _____

Number of spectators: _____ x £5

Total money paid: £ _____

(please list any special dietary requirements on reverse)

Adults (please tick box)

Tai Chi Form: beginners and advanced (first 6 moves)	
Kung Fu Forms (please list which forms on reverse)	
Tai Chi Weapons	
Create Kung Fu or Tai Chi Sequence	
Iron Bridge - Low Horse Stance Combo	
V Sit Up	
Chinese Kickboxing	
Grappling	

Juniors (please tick box)

Kung Fu Sequence (create your own sequence)	
Iron Bridge - Low Horse Stance Combo	
Praying Mantis Kung Fu form	
Upper Crane Stance	
V Sit Up	
Crab Football	
Indian Wrestling	